

## More on Medicare (Includes Medicare Replacement & Medicare Supplement plans)

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### Medicare Coverage-

Medicare covers medical nutrition therapy services at no cost share to you, if you **have**:

- **Diabetes**
- **Chronic Kidney Disease stage 1, 2 or 3**
- **You've had a kidney transplant in the last 36 months AND your doctor refers you for services**

Only a Registered Dietitian or nutrition professional can provide medical nutrition services if they are in-network with Medicare (we are in-network).

We are NOT specialist on Medicare and there is no copay with the above conditions.

Note- If you have diabetes, you may also be eligible for diabetes self-management training (aka DSMT) along with one-on-one visit with a dietitian (aka MNT) if it's NOT on the same day.

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### Medicare Supplement and Replacement Plans:

We are in-network for Blue Cross Blue Shield, Medica, HealthPartners, United Healthcare, Aetna/Preferred One. Those are the only insurance companies that we bill.

If you have Medicare as Primary, we can send in a claim.

If you have Medicare as Primary PLUS a Medicare supplement plan (Medigap) from any insurance company, we can send in a claim.

If you have a Medicare Advantage plan (a.k.a replacement plan), it needs to be from BlueCross BlueShield, Medica, HealthPartners, Aetna/Preferred One or United Healthcare in order for us to send in a claim.

If you are unsure if you have a supplement (Medigap) or replacement plan (Advantage), look at your insurance card, it might indicate which plan you have or you can call your insurance company and ask.

If you have **any billing questions**, please call our biller **651-427-6139**. These questions are provided as a courtesy to help you determine if nutrition counseling may be covered by your insurance provider. Having these questions addressed by your insurance provider's member services does not guarantee coverage.