

Integrative and personalized nutrition are powerful tools for good health! Do you agree?



Nutrition counseling &
Medical Nutrition therapy services



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Telehealth

 Academy of Nutrition
and Dietetics

**INTEGRATIVE NUTRITION
SERVICES FOR:**

- **Medical Nutrition Therapy**
- Heart health, high cholesterol/lipids & high blood pressure
- Weight management
- Metabolic health
- Type 2 Diabetes, Prediabetes
- Liver health
- Autoimmune conditions
- Kids above 6 years- weight loss/ gain, fatty liver
- Food allergies and intolerances
- Women's health: pregnancy, gestational diabetes, fibromyalgia, PCOD, etc
- Preventive health and wellness
- Gut health issues
- Restricted and special diets- vegetarian, vegan, gluten-free, special diets for IBS, etc

Insurances Partners:

