

Integrative Nutrition counseling services



Priyanka S.,
Registered Dietitian Nutritionist

CONSULTING SERVICES FOR NUTRITION RELATED CONDITIONS:



Priyanka S., M.Sc., RDN, LD

Registered Dietitian Nutritionist
Minnesota

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Telehealth available,
Accepting new patients

 Academy of Nutrition
and Dietetics


- Medical Nutrition Therapy
- Heart health, high cholesterol/lipids & high blood pressure
- Weight management
- Metabolic syndrome
- Some Autoimmune conditions
- Type 2 Diabetes, Prediabetes
- Fatty liver
- Hypothyroidism/Hashimoto's
- Kids above 6 years- weight loss/gain, fatty liver
- Food allergies and intolerances
- Women's health: pregnancy, preconception, gestational diabetes, fibromyalgia, PCOD, etc
- Preventive health and wellness
- Gut health and Brain health
- Restricted and special diets- vegetarian, vegan, gluten-free, Low FODMAP diets (for IBS), Mediterranean diet, etc

Insurances accepted-

 PreferredOne®



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BlueShield

 HealthPartners

 UnitedHealthcare

Medicaid



Medicare

 Medica

 MultiPlan.

 OPTUM

